

**MAGAZINE OF
THE ANGLICAN CHURCH OF
ST ANDREW KYRENIA**



In the Diocese of Cyprus and the Gulf



SEPTEMBER 2018



Our swallows are returning. Welcome back.

To love God, to love each other
and to love our neighbour

THE ST ANDREW'S TEAM

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WEBSITES

Why not "sign up" on the St Andrew's web site and you will automatically receive news, magazines, pew sheets etc in your In-Box?

St Andrew's Church: www.standrewskyrenia.org

Our Diocesan website is: www.cypgulf.org

ST ANDREW'S SERVICE TIMES

Each Sunday

08.00am	Said Eucharist (Traditional)
10.30am	Contemporary Eucharist Service (Sung)
02.30pm	Russian Language Service

Each Thursday

10.00am	Said Holy Communion (1st Thursday there will also be prayers for healing)
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Additional Services

Each First Sunday

12.30pm	Fellowship Praise Service
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Each Fifth Sunday

10.30am	All Age Service with Eucharist
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Each week refreshments are served in the Church Hall after the 10.30am service. All are welcome

Items for the next magazine should be sent to the Editor by **Monday 24th September 2018**. Email graniannie@hotmail.com



Kurban Bayram, the Feast of Sacrifice (Eid al-Adha) in the calendar of our Muslim sisters and brothers here in North Cyprus and throughout the world runs from 21st to 24th August

God tested Abram. He said to him, 'Abram!' And he said, 'Here I am.' He said, 'Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you.' Words from the book of Genesis, chapter 22.



The passage goes on to tell the familiar story of what happened next. In obedience to God's command, Abraham was prepared to sacrifice his son Isaac but, having passed this, what to us seems cruel test, God spared Isaac and instead Abraham sacrificed a ram.

But the angel of the Lord called to him from heaven, and said, 'Abraham, Abraham!' And he said, 'Here I am.' He said, 'Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.' And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son.

A familiar story to most of us perhaps. But although it's a story from the Bible it's incorrect in at least one respect.

In the Genesis story God says to Abraham, 'Take your son, your only son Isaac'.

But we know, again from the Bible, that Isaac wasn't Abraham's only son. Listen to this passage from Genesis chapter 16:

Now Sarai, Abram's wife, bore him no children. She had an Egyptian slave-girl whose name was Hagar, and Sarai said to Abram, 'You see that the Lord has prevented me from bearing children; go in to my slave-girl; it may be that I shall obtain children by her.'

Note here that God used the name Abram, not Abraham, and that his wife at this time was called Sarai, not the more familiar Sarah.

So Abram, obeying his wife, 'went in' to Hagar who became pregnant. But when Sarai saw this she was not happy at all! And so she gave out to Abram (poor Abram - can't do right for doing wrong).

Abram, wanting a quiet life as most men do, told Sarai that since Hagar was her slave she could do with her what she wanted. And so poor Hagar was treated badly by Sarai - *'treated harshly'* the scriptures say - and she ran away.

It seems that God took pity on Hagar and sent an angel to her telling her she should return to her mistress. The angel went on to say:

'I will so greatly multiply your offspring that they cannot be counted for multitude.' And the angel of the Lord said to her,

'Now you have conceived and shall bear a son; you shall call him Ishmael',

Hagar obeyed the angel, returned to Abram's household and we're told:

Hagar bore Abram a son; and Abram named his son, whom Hagar bore, Ishmael. Abram was eighty-six years old when Hagar bore him Ishmael.

Subsequently Abram is renamed by God Abraham, Sarai renamed Sarah, Abraham is promised that he will become the 'the ancestor of a multitude of nations', and Sarah, who herself is ninety years old by this time, becomes pregnant and gives birth to Isaac.

Not surprisingly Abraham finds this a bit far-fetched. In Genesis chapter 17 and verse 17 and following we read:

Abraham fell on his face and laughed, and said to himself, 'Can a child be born to a man who is a hundred years old? Can Sarah, who is ninety years old, bear a child?' And Abraham said to God, 'O that Ishmael might live in your sight!' God said, 'No, but your wife Sarah shall bear you a son, and you shall name him Isaac. I will establish my covenant with him as an everlasting covenant for his offspring after him. As for Ishmael, I have heard you; I will bless him and make him fruitful and exceedingly numerous; he shall be the father of twelve princes, and I will make him a great nation.

And Isaac goes on to become the ancestor of God's covenanted, or chosen as they are called, people - the Jews.

So Isaac was not 'Abram [or Abraham's] only son.' Ishmael was in fact Abraham's (though not Sarah's) eldest son. And Ishmael goes

on to become, in the tradition of Islam, the father of the Arab nation and ancestor of the prophet Muhammad.

Now listen to this story. Forgive me but it is a paraphrase from the original:

Abraham said, "My Lord, grant me [a child] from among the righteous." So We gave him good tidings of a [son].

And when he [grew up], he said, "O my son, indeed I have seen in a dream that I [must] sacrifice you, so see what you think." He [Ishmael] said, "O my father, do as you are commanded. You will find me, if Allah wills, [to be strong enough to bear it]."

And when they had both submitted and he put him down upon his forehead, [Allah] called to him, "O Abraham, You have fulfilled the vision."

Indeed, this was the clear trial. And [Allah] ransomed him with a great sacrifice, Words, as I said very much paraphrased, from the Holy Qu-ran, sura (chapter) 37, ayat (verses) 100-112.

It is the same story, but this time with Ishmael, his first-born, being the son that God commanded Abraham to sacrifice.

The three great religions, Judaism, from which came Christianity, and Islam are all known as Religions of the Book, and sometimes are called the Abrahamic Religions because we all have the same roots, grounded in Abraham as the ancestor of all of us who follow these faiths.

And to celebrate this great story in the Islamic tradition, the willingness of Abraham to sacrifice his son as a test put on him by

God, and God's subsequent cancelling as it were of the test and provision of a ram (or goat) as a substitute for Abraham's son, our sisters and brothers this coming week will observed Kurban Bayram, the Feast of Sacrifice, Eid-al-adha (in Arabic) throughout the Muslim world.

Traditionally during the Feast a sheep or goat is sacrificed in memory of that story of Abraham and his son (hence the name - Feast of Sacrifice). The animal is again traditionally divided into three parts: one third of the share is given to the poor and needy; another third is given to relatives, friends and neighbours; and the remaining third is retained by the family.

And at the suggestion of a parishioner and with the permission of the Church Council, as you see on the back of your pew sheet we are joining with our Muslim neighbours in giving to the poor and needy - no, not a third of a sheep, but through a retiring collection which will be taken over the next few weeks.

So please give generously to those less fortunate than ourselves, particularly, as it says on the pew sheet, at this time of economic upset where the lira has dropped in value by a huge amount. Many of us are sheltered somewhat in that our income may be in euro or pounds sterling and we are seeing the benefit of this devaluation of the local currency. Think instead of those paid in that much devalued lire.

So, at this Kurban Bayram, may I wish you all "Bayraminiz mübarak olsun" - May your holiday be blessed!

Rev'd Michael Graham

Please remember to inform the Wardens if someone you know is unwell or in hospital. We often hear people say, 'I thought you knew'. It is better that we hear several times than not at all.



Friends of St Andrew's

A letter from Pat Etherington

Hi Everybody,

It seems a little odd to be starting with the second Sunday of the month but that is where I'm at.

On this Sunday (8th July), which is traditionally known as Sea Sunday, we had Mr Ken Wiseman (Director of the Mission to Seafarers in Cyprus) as our guest preacher. He reminded us that as an island nation we are dependant on the work of seafarers for our survival. He presented St Andrew's with a certificate to thank the congregation for their support in 2017 and previous years. I am sure that this support will continue again this coming year with the "Shoe Box Collections".

The rest of July continued to be an exceptionally hot and humid month with most people searching for shade and that illusive breeze. As mentioned in the last magazine several people from St Andrew's attended the cathedral for the ordination of two new Deacons. Justin Arnott will serve as stipendiary Curate at the cathedral, while Peter Day will be non-stipendiary Curate in the parish of Ammochostos.

St Andrew's received visits from two different groups of Dutch Christians during the month of August. They had they own organists with them so they sang



hymns for us. I don't know how many were in the first group but I believe there were about 20 in the second one. I think we have had a much larger number of holiday visitors this year than last, let's hope it continues it broadens everyones knowledge and enjoyment.

Last week Lyn and Stuart Hillard were on sides-persons duty and they had the help of two young brothers who were here on holiday with their parents. They help out at their own church and helped Lyn and Stuart with the collection!

This is where I admit I've been away for these last few weeks in the UK, catching up with family and friends, etc. Replenishing my stock of pea seeds and attending the AGM of The Friends of the Diocese and the Gulf which is held at All Hallows by the Tower, London. Along with a surprising number of people who attend St Andrew's I also got to meet people there who would otherwise just be names on the Magazine envelopes that I send out each month.

Well I think that's about all my news for now.

Much love from Cyprus.

Pat E.

You can keep in contact from overseas by becoming a member of the **Friends of St Andrew's**. It costs £30 per annum and the magazine will be posted to you. To subscribe, please contact us by post: **PO Box 171, Girne, Mersin 10, Turkey** or email at **office@standrewskyrenia.org**

When summer's end is nighing

by AE Housman

When summer's end is nighing
And skies at evening cloud,
I muse on change and fortune
And all the feats I vowed
When I was young and proud.

The weathercock at sunset
Would lose the slanted ray,
And I would climb the beacon
That looked to Wales away
And saw the last of day.

From hill and cloud and heaven
The hues of evening died;
Night welled through lane and hollow
And hushed the countryside,
But I had youth and pride.

And I with earth and nightfall
In converse high would stand,
Late, till the west was ashen
And darkness hard at hand,
And the eye lost the land.

The year might age, and cloudy
The lessening day might close,
But air of other summers
Breathed from beyond the snows,
And I had hope of those.

They came and were and are not
And come no more anew;
And all the years and seasons
That ever can ensue
Must now be worse and few.

So here's an end of roaming
On eves when autumn nighs:
The ear too fondly listens
For summer's parting sighs,
And then the heart replies.



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- PLATINUM WATERCO** - Butterfly non return valve. No more leaf blockage **£40**
Water, the liquid of life



Water Softener

- SCALEMASTER** 100 domestic water softener, 5 people household **£ 745**

Heatsaver KK Ltd
JohnWG@btinternet.com

John 0532 340 2230
Kemal 0542 850 7517
Jenny 0533 870 8211

USED STAMPS

St Andrew's collects used postage stamps which the charity **EMBRACE the Middle East** sells to raise funds for the Helen Keller Centre for the Blind in Jerusalem, one of the many organisations they support throughout the Middle East.

Special commemorative stamps are particularly desirable, as they receive many regular 1st & 2nd class stamps. If you have suitable stamps, please trim them and bring them to church. Post them in the box just inside the entrance door. They will be greatly appreciated. Thank You.

USED CARDS

Can you help our ladies who enjoy recycling greetings cards to raise funds for St Andrew's by donating your used cards to them. If you are visiting the TRNC and have room in your suitcase do bring them to the church.

Iraqi Christians and Muslims working together to help the sick

St George's Clinic

Iraq used to have one of the best healthcare sectors in the Middle East. But decades of war and sanctions have left it in ruins. These days, complicated surgeries often have to be performed in other countries. There is a shortage of vital drugs and seeing a doctor can cost hundreds of dollars. For those in need, it is a desperate situation.



At St George's in Baghdad, there is hope for the sick. With your support, we are funding a medical clinic in the church grounds which treats around 80 patients a day. The staff at the clinic are Christian and Muslim and help people from all walks of life. Watch exclusive footage of the clinic by clicking on the link https://youtu.be/cyQPUEc_D8s

Working together is an act of reconciliation

Revd Faiz Jerjees, who is the Chaplain of St George's Church, spoke about why the clinic is so important:

"We opened the clinic in 2007 and this was the first clinic that was free for all groups in Iraqi society - Muslims and Christians, and different sects and religions. Since then, the clinic has been supported by The Foundation for Relief and

Reconciliation in the Middle East (and the Diocese of Cyprus and the Gulf).

"There are many goals for this clinic. Among these goals is not just to treat people, we offer a message of love to all of Iraqi society. This is also a kind of coexistence and reconciliation through this work. It also gives us the feeling of our humanity that we do humanitarian work throughout this country and this is the reality of our message."

The World Health Organisation this week warned that nearly one million people in Iraq are without access to basic medicines and health care. A spokesperson said that "support for health services has drastically declined since the end of the Mosul campaign just over a year ago." That being said, the needs are greater than ever.

St George's Clinic is one of our oldest projects. In a country torn apart by sectarian violence, it is a rare example of people of different faiths working together. However, without your support the clinic would not exist. It is a project which continues to change lives for the better.

Article produced by Foundation for Relief and Reconciliation in the Middle East,
PO Box 229, Petersfield, Hampshire GU32 9DL United Kingdom

You can support the clinic by making a donation to the above organisation or through our Diocese of Cyprus and the Gulf.

Honorary Treasurer, Diocese of Cyprus and the Gulf Foundation
123 Barnett Wood Lane, Ashted, Surrey KT21 2LR, United Kingdom
Email: foundation.treasurer@cypgulf.org

**CONGRATULATIONS AK AND HELENA!
A BEAUTIFUL WEDDING DAY**



Sunday 26 August 2018



Calendar of Services and Duties - September 2018

Ch	Service Time	Sidespersons	Readings	Text	Readers	Prayers	Chalice
2 September Trinity 14	10.30am	Linda Lister and Amanda Warrender	1st Reading Psalm 2nd Reading Gospel	Deuteronomy 4: 1-2, 6-9 Psalm:15 James 1: 17-27 Mark 7: 1-8, 14-15, 21-23	Izzy Sandy Oram James Gibbs Clergy	Lee McHugh	Christine Dobbs
9 September Trinity 15	10.30am	Sharon Gechure and Precious	1st Reading Psalm 2nd Reading Gospel	Isaiah 35: 4-7 Psalm:146 James 2: 1-17 Mark 7: 24-37	Stuart Hillard Chris Penny David Wilde Clergy	Richard Dobbs	Bob Taylor
16 September Trinity 16	10.30am	Stuart and Lyn Hillard	1st Reading Psalm 2nd Reading Gospel	Isaiah 50: 4-9a Psalm:116: 1-8 James 3: 1-12 Mark 8: 27-38	Diana Peek Gordon Hayes Carolyn Hayes Clergy	Anne Keevil	Precious
23 September Trinity 17	10.30am	Bob Taylor and Jacqueline McIntyre	1st Reading Psalm 2nd Reading Gospel	Jeremiah 11: 18-20 Psalm:54 James 3:13 - 4:3, 7-8a Mark 9: 30-37	Anne Lloyd Alan Peek Sue Walker Clergy	David Wilde	Mavis Steele
30 September Trinity 18	10.30am	Frank and Joan Gillin	1st Reading Psalm 2nd Reading Gospel	Numbers 11: 4-6, 10-16, 24-29 Psalm:19: 7-14 James 5: 13-20 Mark 9: 38-50	Amanda Warrender Frank Gillin Sarah Middleton Clergy	Gloria Tattersall	Pat Etherington

The Chaplain requests that all readers, intercessors and chalice bearers are at church by 10.15 at the latest on the weeks they are on duty for prayers before the service.

If you are going to be away and are unable to swap your duty please advise Janet Graham, email: (preferred) jgraham@serenos.net; mob: +90 (533) 838 6143.

If you do swap your duty please ensure that it is recorded on the master list in the Vestry.

Calendar of Services and Duties - October 2018

Date	Service Time	Sidespersons	Readings	Text	Readers	Prayers	Chalice
7 October Trinity 7 October Trinity 19 - Harvest Thanksgiving (Prayers and Readings are those for Harvest)	10.30am	Precious and Sharon Gechure	1st Reading Psalm 2nd Reading Gospel	Joel 2: 21-27 Psalm:126 1 Timothy 2: 1-7 Matthew 6: 25-33	Sandy Oram Izzy Diana Peek Clergy	Lee McHugh	Kathleen Meredith
14 October Trinity 20	10.30am	Bob Taylor and Jacqueline McIntyre	1st Reading Psalm 2nd Reading Gospel	Amos 5: 6-7, 10-15 Psalm:90:12-17 Hebrews 4: 12-16 Mark 10: 17-31	Linda Smith Sharon Gechure Jan Dykes Clergy	David Wilde	John Hodgson
21 October Trinity 21	10.30am	Stuart and Lyn Hillard	1st Reading Psalm 2nd Reading Gospel	Isaiah 53: 4-12 Psalm:91: 9-16 Hebrews 5: 1-10 Mark 10: 35-45	Shane Barnes Lyn Hillard Frank Gillin Clergy	Mavis Steele	Bob Taylor
28 October Bible Sunday	10.30am	Linda Lister and Amanda Warrender	1st Reading Psalm 2nd Reading Gospel	Isaiah 55: 1-11 Psalm:19: 7-14 2 Timothy 3:14 - 4:5 John 5: 36b - 47	Sue Walker Anne Keevil Sharon Gechure Clergy	Richard Dobbs	Pat Etherington

The Chaplain requests that all readers, intercessors and chalice bearers are at church by 10.15 at the latest on the weeks they are on duty for prayers before the service.

If you are going to be away and are unable to swap your duty please advise **Janet Graham**, email: preferredjgraham@serenos.net, mob: +90 (653) 838 6143

If you do swap your duty please ensure that it is recorded on the master list in the Vestry

A WORD FROM OUR WARDENS

Dear Friends,

As Wardens we would like to thank you all for your valued and continued support for St Andrew's Church. You give in so many ways, sidespersons, intercessors, chalice assistants, readers, flower arrangers, shop assistants, tea and coffee providers, hope we have not missed anyone out, if we have it is not deliberate and we apologise. Without you all we would find it very difficult to function as a church.

Most importantly though, we must thank Rev'd Mike Graham, who with assistance from Rev'd Edward Jervis and Rev'd Brian McHugh have continued to give us our spiritual guidance and led services since the beginning of April this year.

You make regular Financial Gifts to St Andrew's, some into our Sterling bank account in the UK, others into our Gift Aid envelopes and others directly into our offertory each week. With the increase in the Exchange Rate of the Turkish Lira we all know that costs have increased and the value of our TL 'Giving' has greatly decreased.

Many of us receive our pensions and income in Sterling or Euros, then withdraw our money in these currencies and convert it to TL for our general needs. Gifts given to St Andrew's in Sterling or Euros would greatly benefit us .

We are not asking you to give more than you do already, great if you could, but we would ask you to consider making your gift in a more stable currency.

Many thanks for your continued support.

Stuart and Sandy

GIVING

Our giving should be a prayerful and spiritual expression of all this, like giving a gift to a loved one. When we give we are not paying our dues, but engaging in an act of thanksgiving. Over the past few years we have seen the wider community join with us in giving to those who are needy throughout the world as well as locally. Of course we need financial contributions in order to sustain all that we do. Anything you feel able to give, however small, will be deeply appreciated and understood as encouragement to us to build this work here.

We are now a UK registered charity and we would ask those of you who believe in and support our ministry to change the way you give, and channel it through our charity. Regular giving no matter how small by standing order does facilitate forward planning and budgeting.

The St Andrew's Church Kyrenia UK Charity makes it easy to donate by:

Direct Transfer to the bank account: details below

Weekly envelopes in Church

Regular giving by Standing Order:

Donors from around the world may donate using mydonate.bt.com
Click on the **Mydonate** icon on the Church website and follow the guidance.

Bank Details

Bank: Unity Trust Bank, Nine Brindley Place, Birmingham, B1 2HB

Account No: 20372187

Sort Code: 60-83-01

Account Name: St Andrew's Church Kyrenia UK Charity

BIC: CPBKGB22

IBAN: GB15UYTB60830120372187

Many Kibris residents find our Gift Aid Envelopes scheme the most convenient means to make regular donations to St Andrew's. Our Gift Aid Officer maintains a register of donors and their "envelope number". So, each week, the donor just needs to write their number on a donation envelope and place in the collection. If you wish to join this scheme and obtain an "envelope number" please contact our Gift Aid Officer John Worton-Griffiths, who will ask you to complete the Gift Aid Declaration on the Giving Form.

**Rev'd Mike Stokes
St Andrew's
Chaplain 1995-2000**

At the beginning of August and at the invitation of his family, John and Jenny visited Rev'd Mike Stokes. He now lives in Whalley Bridge with his son Andrew and family after the death of Pat last year. We took a



photo album with us and shared memories of his time as St Andrew's Chaplain living in the Hermitage with their two dogs Harvey and Bailey. We then drove to Mike's favourite pub for lunch. Despite his failing memory we enjoyed a very happy time, and back in his home Mike certainly remembered all the words of the hymns we sang together.

AN INVITATION



*On the occasion of the 125th Anniversary of St Paul's Anglican Cathedral, Nicosia.
The Dean of the Cathedral, The Very Reverend Jeremy Crocker
requests the pleasure of your company at a reception
in the Cathedral Hall on Saturday, 6 October 2018, 16:45 - 18:00
&
at Choral Evensong and dedication of a new stained glass window
with The Right Reverend Michael Lewis, Anglican Bishop in Cyprus and the Gulf
in the Cathedral on Sunday, 7 October 2018, 15:00.*

2 Grigori Afentliou Street
1096, Nicosia

If you plan to attend either of these events please advise Rev'd Mike in order that numbers may be forwarded St Paul's.

St Andrew's forthcoming events

On 7th October we will have our Harvest Festival at St Andrew's, If you are able to contribute any produce or would like to help with the decoration of the church it will be very much appreciated. Any produce we receive will be donated to local good causes. In a break with previous years we will hold our harvest lunch, weather permitting, in the courtyard surrounding our church. If bad weather prevails we will use the hall. You will find details of the lunch on the pew sheet nearer the time.

Rev'd Mike Graham is preparing candidates for confirmation. On the 21st October Bishop Michael will be with us to take this service. After the service, to mark this special occasion we will have a finger buffet lunch in the hall. If you are able to provide a plate of food please let Sandy know. There will of course be a bar if you wish to have a glass of wine or a beer.

Looking further ahead, our Christmas Fayre will be on Saturday 1st December, contributions for stalls will be much appreciated. Tombola and raffle prizes, produce, cakes, gifts, bric-a-brac, books, etc, and of course we need a Santa (any offers?). Please contact a member of the Council if you can help.

December 23rd will be the day for our Festival of Nine Lessons and Carols. We will have a Eucharist service at 8am, no 10.30 am service and our Carol service at 4.30pm. After the service there will be refreshments of mulled wine and mince pies. (Volunteers for cooking please.) We would like volunteers to help with cooking and to decorate the church for this Christmas festival.

CHURCH HALL ACTIVITIES

MONDAY		
TUESDAY		
WEDNESDAY	KYRENIA CHAMBER CHOIR	18.00 - 19.30
THURSDAY	REHOBOTH CHURCH	18.30 - 20.30
FRIDAY		
SATURDAY	SEVENTH DAY ADVENTISTS	10.30 - 12.00
	AA	13.00 - 14.00
SUNDAY	RUSSIAN GROUP	16.30 - 17.30
	(Alex)	

Lettings

Do you need a venue for your weekly or special event? Why not consider hiring the hall. We can also hire out tables, chairs, crockery, glasses, etc.



DIARY DATES

EVENT	DATES
Northern Gathering of "Friends" to include exclusive tour of Minster	17th October
"Friends" Exeter Day	23rd November
Diocesan Synod in Larnaca	2nd - 6th February
"Friends" Spring Gathering at Launde Abbey	20th 22nd May
"Friends" ACM at All Hallows by the Tower, London	5th August

The Friends of the Diocese of Cyprus and the Gulf announces that the **2018 Autumn Gathering** will be held on Wednesday 17th

October. The venue will be the Bar Convent in York, and we hope that many of you will be able to attend.

The programme for the day will be Meet & Greet with an opportunity for fellowship over tea/coffee (10.30am), followed by our Eucharist Service (11.30am) and then lunch in the Bar Convent Cafe at 1pm with more chatter. For our afternoon activity we will re-visit York Minster at 2.30pm, a venue enjoyed by many. As you will have read in the recent Olive Branch (Summer 2018 edition), a highlight for us this year will be viewing the East Window, which is now complete following a 10 year restoration programme.

Costs Associated with the Event.

1. Meet & Greet with tea/coffee, approximately £2-£3.00.
2. The cost of lunch is dependant on choice, between £5 and £10.
Gluten free is available.
3. A retiring collection will be made at the Eucharist Service going towards to the Bar Convent and Cultural Heritage Fund.
4. Visit to York Minster is currently free of charge.

To keep things simple we ask that you email Ron Maitland (Olive Branch Editor) at olivebranch@cypgulf.org to confirm your attendance, and say if you wish to stay for lunch and the afternoon activity. You will be required to pay for your refreshments and lunch at the Bar Convent. The Convent Café is small though the menu is quite extensive, and we are requested to order our luncheon choice prior to the Eucharist. It is usual to pay for our meals after the lunch.

<p>The Round Tower High Street - Girne (Opposite Isbank & Newsagent)</p> <p>Tel: 815 6377 Open Monday to Saturday</p> <p>----- Art Gallery Craft Centre Large Selection of Books Local Handicrafts, Cards, Photos, Lefkara Lace, Copper & Furniture.</p>	<p>IAN SMITH ESTATE AGENT</p> <p>ESTABLISHED SINCE 1985</p> <p>Our spacious brand new offices are located approximately 500 metres to the west of Lemar supermarket on right hand side before Jashan's restaurant</p> <p>Tel: (00 90 392) 8224053, /4/5 Fax: (00 90 392) 822 4056</p> <p>Visit our Website at: www.iansmithestate.com Email: info@iansmithestate.com <i>Pop in for a look at our huge selection of properties and pick</i></p>
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On 23 Aug 2018 Archdeacon John Holdsworth wrote to us:

I've taken advantage of an invitation from Fr Mike to say something about the appointments process which we hope to be able to start soon. The process begins with the Council producing a Parish Profile, describing the job and the Council's vision for it, together with an assessment of the kind of qualities that might be needed in potential applicants. This process is now at an advanced stage. The main problem is knowing what the parish is going to be able to afford, given the slide in the value of the TL. On the one hand this is a strong and well attended church with lots of potential. On the other, it would be immoral to hire someone knowing that we are likely not to be able to fulfil contract requirements. So, it may be that the Council will want to explore part-time options.

Part time options can work as long as there is a very strong lay engagement in all aspects of the work of the parish. I appeal to you all to consider your call. It may be that we have Readers or other Lay Ministers – even possibly potential ordained ministers in our midst. I know that Fr Mike has been concentrating on this theme and I support him fully. Having produced the Profile the post can be advertised. We had hoped to do that soon, but cannot do so whilst Rev'd Wendy Hough is still in occupation of the Hermitage. We have to be sure that the house, which is a work-related property is available in every sense, for prospective enquirers, and as I write, that is not so.

The Council will nominate short-listers who will consider applications, with a view to inviting candidates for interview. The interview panel consists of three nominated lay people from the parish, two elected members from the Standing Committee, and is chaired by either myself or the Bishop.

I am attending a Council Meeting on September 3rd when at least I hope we can agree on what the job will look like. I am sure the Council would be happy to receive written submissions, though as is usually the case I expect that these will cover a wide range of views, and it is the Council's responsibility to chart a way forward. At that meeting I hope we shall also finalise arrangements for Interim Ministry.

John

The Ven Professor John Holdsworth
Anglican Diocese of Cyprus and the Gulf
Executive Archdeacon
Archdeacon in Cyprus
Chaplain St Helena's Larnaca
www.cypgulf.org archdeacon.john@cypgulf.org

If you wish to make a written submission to the Council regarding the appointment of a new Chaplain for St Andrew's you can do so by email to office@standrewskyrenia.org or by a written submission to the Churchwardens.

VISITORS FROM THE NETHERLANDS TO ST ANDREW'S CHURCH



A group of young Christians from all areas of Holland, joined us for Sunday worship. They were holidaying together in North Cyprus.

A Great Lesson on Stress

The lady confidently walked around the room with a raised glass of water while leading a seminar and explaining stress management to her audience. Everyone knew she was going to ask the ultimate question, 'Half empty or half full?' She fooled them all. "How heavy is this glass of water?" she inquired with a smile. Answers called out ranged from 8 oz to 20 oz.

She replied, "The absolute weight doesn't matter. It depends on how long I hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance. In each case it's the same weight, but the longer I hold it, the heavier it becomes."

She continued, "and that's the way it is with stress. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on." "As with the glass of water, you have to put it down for a while and rest before holding it again. When we're refreshed, we can carry on with the burden - holding stress longer and better each time practiced.

So, as early in the evening as you can, put all your burdens down. Don't carry them through the evening and into the night. Pick them up again tomorrow if you must.

- - - - -

Accept the fact that some days you're the pigeon, and some days you're the statue!

Nobody cares if you can't dance well. Just get up and dance.

A truly happy person is one who can enjoy the scenery on a detour.

BE STILL

AND KNOW THAT I AM GOD. PSALM 46:10



Is your life style considered Hyper-Living?? Are you wondering if you might be in burnout?

What can we do about overload?

Overload is the affliction of this season. Our practicality and theology haven't had the opportunity to catch up to the rapid changes all around us. We have activity overload,

choice overload, debt overload, expectation overload, information overload, and work overload. It leaves us expended, depleted, drained, and exhausted with no relief in sight. God has much more than mere survival for your life. Margin is the space that once existed between our load and our limits. It is the space between vitality and exhaustion. It is our breathing room, our reserves, our leeway. It is the opposite of overload.

Come journey with us as we explore together, how to create God honouring balance, train ourselves to rest, and create healthy margins.

The benefits of rest and margins are joy, health and availability for the purposes of God. It nourishes relationships, and allows us to serve others. It gives us space to rest, room to breathe, freedom to move, time to adapt, money to spare. We are not short of days. Time is abundant and a gift, not a ration or burden.. Let's make rest part of the flow of our lives.

Do great people of faith get an exemption from stress, overload, and burnout? Is rest part of your day? Are you listening and in tune with God? Are you doing more and more and long to just be? Have you stopped caring about the things you've cared about in the past? Are you in survival mode? Are you dizzy with busyness and on the brink of collapse? More information will be sent upon inquiry to theoldmonastery@gmail.com as prices depend on if a person is a day guest or needing accommodation, plus a discount is offered to church staff.

Georgia Vaitl Website www.theoldmonastery.com

Diocesan Prayer Requests

During this month please add the following
Diocesan needs to your prayers.



Spirituality Pray for the Holy Spirit to keep leading the People of God, and for all in the diocese who teach and show the Spirit's ways both old and new.

Kyrenia: Pray that St Andrew's might be a place of embracing, engaging and vibrant faith, living out God's love in the community to which it is called. Pray For St Andrew's to continue to grow its reputation in the wider community into a place of welcome and a safe haven for all.

Diocesan Office Pray for those who conscientiously and skillfully serve the administration of the diocese.

The Epiphany Church in Doha Thank God for the Christian life we share at the Church of the Epiphany and pray for all the opportunities to reflect Christian life in our homes, in our work, and our places of rest and recreation. Father God, bless this Congregation and use them in your service to be channels of your love, joy, peace and hope. May they know your guidance and security as they follow your prompting for the glory of your name. Pray for the all the families and other members that worship here; especially the children. Pray for the ministry team and their families. for the wardens and Church Council .

Readers Pray for all Readers and thank God for their varied ministries of worship, preaching, teaching, and care.

Ayia Napa: Christ Church We pray that the Ammochostos Parish will grow from strength to strength. Lord, send your Holy Spirit to guide and strengthen us as we travel on together with all men and women of our Diocese, and with those of good will in your created world. Amen

Balela salad

In Arabic, the word “balela” means “cooked chickpeas.” Balela salad is an ancient Middle Eastern chickpea salad. Simple, wholesome, bright, and flavour-packed.

Ingredients

2 x 15-oz cans chickpeas, drained and rinsed
1/2 green bell pepper, cored and chopped
1 jalapeno, finely chopped (optional)
1 - 2 cups cherry tomatoes, sliced in half
3-5 spring onions, chopped
1/2 cup sun-dried tomatoes preserved in olive oil
1/3 cup pitted black olives
1/4 cup pitted green olives
1/2 cup freshly chopped parsley leaves
1/2 cup freshly chopped mint or basil leaves



Dressing

1/4 cup Extra Virgin olive oil
2 tbsp white wine vinegar
2 tbsp lemon juice
1 garlic clove, minced
Salt and black pepper
1 tsp ground sumac
1/2 tsp Aleppo pepper
1/4 to 1/2 tsp crushed red pepper (optional)

- In a large bowl, mix together the salad ingredients: chickpeas, vegetables, sun-dried tomatoes, olives, and fresh herbs.
- In a separate smaller bowl or jar, mix together the dressing ingredients: extra virgin olive oil, white wine vinegar, lemon juice, minced garlic, salt and pepper, and spices.
- Drizzle the dressing over the salad and gently mix to coat. Leave aside for 30 minutes before serving, or cover and refrigerate until ready to serve.
- When ready to serve, give the salad a quick mix and taste to adjust seasoning if at all needed.

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